

UNIQUE SUPER FOOD WAKAGAERI RUSSIAN RECIPE ACTIVATED WALNUTS FOR WAKAGAERI

Ingredients:

1kg walnuts
pure spring water



Directions:

- Place 1kg walnuts (kurumi) in a large bowl and cover it fully with water. All walnuts must be under the water.
- Keep the bowl on your kitchen bench or on the window (near light) for 2 weeks.
- Change the water once a day.
- Stirr with wooden spoon all the walnuts in the bowl TWO times a day every day.
- After 2 weeks place the walnuts in the reizoko in the same water. The walnuts are now ready to be consumed.
- Eat 3 walnuts (6 halves) on the morning and 3 walnuts (6 halves) on the evening.

This recipe is strongly anti-aging, will rejuvenate your entire body at the cellular level. It will assist you in the recovery of your immune and nervous systems, cleanse your circulatory system, and add strength to the bone tissues and structures. Please take one close up photo of yourself BEFORE you start consuming these activated walnuts and then again every month. After 6 months compare the photos and see how much younger you became. Your results will be faster if you play our Ageless Woman/Man DVD ([click here to purchase](#)).



BEFORE

AFTER (2 shyuukan go)